Narrative Theory
Storied lives: integrating narrative and psychodynamic practice
Dr Maggie Turp and Martin Weegmann

Saturday 24 September 2016
10:00 – 16:00
Drake House, 44 St Georges Road, London SW19 4ED
Workshop cost: £110/ 10% discount for Wimbledon Guild counsellors/ Early-bird discount of 15% available until 11 March 2016

The Workshop:
Introduction: What’s the Story?
The workshop, which will be illustrated with clinical examples throughout, will focus on the ‘narrative therapy’ approach pioneered by White and Epson in Australia. To set this development in context, the workshop will describe the background in narrative psychology and the philosophical and literary origins of the ideas. With reference to psychoanalysis, we will discuss how the ‘talking cure’ proposed by Freud was initially centred on stories and storying, and how Freud worried about the reception of his theories and their scientific basis.

Narratives of change, hope and recovery
Narrative change is an important and inevitable dimension of human change, particularly in the wake of a major life transition or period of adversity. Through the use of interactive scenarios, Martin Weegmann will demonstrate how a narrative perspective, combined with psychodynamic sensitivity, can enable individuals to reconstruct their lives. The clinical examples will be taken from work with a person facing a mid-life crisis, a person in recovery from substance misuse, and an older person facing relational and other losses.

The Trainers:
Dr Maggie Turp is a Psychoanalytic Psychotherapist and Supervisor in private practice and a Chartered Psychologist. Her doctoral research revolved around the physical expression of psychological distress, with particular reference to self-harming behaviour. Her academic career included lecturerships at the University of Reading and Birkbeck College, London. Since retiring from mainstream academic life, Maggie has lectured widely and is an occasional visiting lecturer at The Tavistock and Portman Trust. Maggie is a member of the Editorial Boards of the journals ‘Psychodynamic Practice’ and ‘Infant Observation’ Her publications include numerous journal papers and two books, ‘Psychosomatic Health: the body and the word’ (2001 Palgrave) and ‘Hidden Self-Harm: narratives from psychotherapy’ (2003 Jessica Kingsley). She is currently working on a book ‘What brings you? – Encounters in psychotherapy’ and a novel ‘The limits of the land’. She welcomes correspondence at maggieturp@googlemail.com

Martin Weegmann is a Consultant Clinical Psychologist and Group Analyst, with 30 years NHS experience. He has specialised in substance misuse and personality disorders and is a well-known trainer, delivering workshops and lectures throughout the UK. Martin edited ‘Psychodynamics of Addiction’ (2002, Wiley) and ‘Group Psychotherapy and Addiction’ (2004, Wiley), and has published many book chapters and papers. His book ‘The World within the Group: Developing Theory for Group Analysis’ (Karnac 2014) has been described as a major contribution to group analysis. His new book ‘Permission to Narrate: explorations with Group Analysis’ will be published by Karnac later in 2016. Over time, Martin’s interests have broadened to include narration, rhetoric and the ‘literary mind’.