

# Rosemary Lodge Activity & Entertainments Programme February 2012



			Wednesday 1 <sup>st</sup> February	Thursday 2 <sup>nd</sup> February	Friday 3 <sup>rd</sup> February	Saturday 4 <sup>th</sup> February	Sunday 5 <sup>th</sup> February
A m	11:30-12:15 Exercise Class with Physiotherapist Karen Van Klaveren	Eileen's Mobile Sweet Shop 11:30-12:15 Meditation	11:30-12:30 Group Exercise Class (Main Lounge)	General Activities Quiz/Walks/Bingo	General Activities Quiz/Walks/Bingo	Hairdressing By Belinda  General Activities	10:00-11:00 Service at Christ Church
P m	15:00-16:30 Activity Workshop or Arts & Crafts	14:30-15:30 Karaoke With Mitch	13:30-15:30 Holistic Massage with Francesca Stefani 15:45-16:45 Poetry Group	General Activities Quiz/Walks/Bingo	14:00-16:00 Tea at King's College (Term-Time only)	General Activities Quiz/Walks/Bingo  14:00-15:00 Tai Chi With Paul Crompton	15:00-16:30 Activity Workshop Singing Group / Cinema Experience / Reminiscence
5 5 6 5	<b>Monday 6<sup>th</sup> February</b>	<b>Tuesday 7<sup>th</sup> February</b>	<b>Wednesday 8<sup>th</sup> February</b>	<b>Thursday 9<sup>th</sup> February</b>	<b>Friday 10<sup>th</sup> February</b>	<b>Saturday 11<sup>th</sup> February</b>	<b>Sunday 12<sup>th</sup> February</b>
A m	11:30-12:15 Exercise Class with Physiotherapist Karen Van Klaveren	Eileen's Mobile Sweet Shop 11:30-12:15 Meditation	11:30-12:30 Group Exercise Class (Main Lounge)	General Activities Quiz/Walks/Bingo	General Activities Quiz/Walks/Bingo	Hairdressing By Belinda  General Activities	10:00-11:00 Service at Christ Church
P m	14:00-15:00 Rebecca Poffley & Children Violin & Singing	15:00-16:30 Activity Workshop or Arts & Crafts	13:30-15:30 Holistic Massage with Francesca Stefani 15:45-16:45 Poetry Group	General Activities Quiz/Walks/Bingo	14:00-16:00 Tea at King's College (Term-Time only)	General Activities Quiz/Walks/Bingo	15:00-16:30 Activity Workshop Singing Group / Cinema Experience / Reminiscence
	<b>Monday 13<sup>th</sup> February</b>	<b>Tuesday 14<sup>th</sup> February</b>	<b>Wednesday 15<sup>th</sup> February</b>	<b>Thursday 16<sup>th</sup> February</b>	<b>Friday 17<sup>th</sup> February</b>	<b>Saturday 18<sup>th</sup> February</b>	<b>Sunday 19<sup>th</sup> February</b>
A m	11:30-12:15 Exercise Class with Physiotherapist Karen Van Klaveren	Eileen's Mobile Sweet Shop 11:30-12:15 Meditation	11:30-12:30 Group Exercise Class (Main Lounge)	General Activities Quiz/Walks/Bingo	General Activities Quiz/Walks/Bingo	Hairdressing By Belinda  General Activities	10:00-11:00 Service at Christ Church
P m	15:00-16:30 Activity Workshop or Arts & Crafts	14:30-15:30 Glen Hayes Our Crooner Valentine's Day Show	13:30-15:30 Holistic Massage with Francesca Stefani 15:45-16:45 Poetry Group	General Activities Quiz/Walks/Bingo	14:00-16:00 Tea at King's College (Term-Time only)	General Activities Quiz/Walks/Bingo  14:00-15:00 Tai Chi With Paul Crompton	15:00-16:30 Activity Workshop Singing Group / Cinema Experience / Reminiscence
	<b>Monday 20<sup>th</sup> February</b>	<b>Tuesday 21<sup>st</sup> February</b>	<b>Wednesday 22<sup>nd</sup> February</b>	<b>Thursday 23<sup>rd</sup> February</b>	<b>Friday 24<sup>th</sup> February</b>	<b>Saturday 25<sup>th</sup> February</b>	<b>Sunday 26<sup>th</sup> February</b>
A m	11:30-12:15 Exercise Class with Physiotherapist Karen Van Klaveren	Eileen's Mobile Sweet Shop 11:30-12:15 Meditation	11:30-12:30 Group Exercise Class (Main Lounge)	General Activities Quiz/Walks/Bingo	General Activities Quiz/Walks/Bingo	Hairdressing By Belinda  General Activities	10:00-11:00 Service at Christ Church
P m	15:00-16:30 Activity Workshop or Arts & Crafts	14:30-15:30 Mark Allain On Guitar	13:30-15:30 Holistic Massage with Francesca Stefani 15:45-16:45 Poetry Group	14:00-15:00 Tea at Christ Church	14:00-16:00 Tea at King's College (Term-Time only)	14:00-15:00 Sing – Along With Mary Farrell	15:00-16:30 Activity Workshop Singing Group / Cinema Experience / Reminiscence
	<b>Monday 27<sup>th</sup> February</b>	<b>Tuesday 28<sup>th</sup> February</b>	<b>Wednesday 29<sup>th</sup> February</b>	<b>Thursday 1<sup>st</sup> March</b>	<b>Friday 2<sup>nd</sup> March</b>	<b>Saturday 3<sup>rd</sup> March</b>	<b>Sunday 4<sup>th</sup> March</b>
A m	11:30-12:15 Exercise Class with Physiotherapist Karen Van Klaveren	Eileen's Mobile Sweet Shop 11:30-12:15 Meditation	11:30-12:30 Group Exercise Class (Main Lounge)	General Activities Quiz/Walks/Bingo	General Activities Quiz/Walks/Bingo	Hairdressing By Belinda  General Activities	10:00-11:00 Service at Christ Church
P m	15:00-16:30 Activity Workshop or Arts & Crafts	14:30-15:30 Angela Jones Campanology Handbell Concert	13:30-15:30 Holistic Massage with Francesca Stefani 15:45-16:45 Poetry Group	General Activities Quiz/Walks/Bingo	14:00-16:00 Tea at King's College (Term-Time only)	General Activities Quiz/Walks/Bingo	15:00-16:30 Activity Workshop Singing Group / Cinema Experience / Reminiscence

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