

Job Description	Group Therapist
Reporting To:	Groupwork Manager
Responsible for	Facilitating Support groups. There are currently no direct reports but there may be trainees on placement in the future.
Hours:	The post is 0.6 or 22.5 hours per week. This would include at least Tuesdays (monthly midday team meetings) and a weekday evening
Salary	£43,911 pro rata (£26,346 actual salary)
Base	Guild House, Worple Road and other Community venues across Merton tbd
Application procedure and deadlines	<p>Deadline for applications – midday Wednesday 13th July 2022 by email to jobs@wimbledonguild.co.uk</p> <p>Interview date – Thursday 28th July</p> <p>Please apply by completing an application form and in your additional information, outline your interest in the role, your relevant experience and evidence how you meet all essential aspects of the person specification.</p> <p>If you have any questions about this role please contact Sally Anderson (Groupwork Manager) sanderson@wimbledonguild.co.uk 02082960030.</p>

Description of Job:	<p>Wimbledon Guild Talking Therapies was first set up in 1989. The service is one of the largest in London and apart from Individual Counselling, offers Group and Art Psychotherapy, Support groups, Grief Support and a range of Counselling Training events. The department predominantly works within a psychodynamic framework.</p> <p>This new post is to support the expansion of our Support groups across the borough of Merton including running groups in different parts of the borough. The postholder will contribute to the development and provision of a range of workshops, peer support groups and creative groups to promote emotional support, wellbeing and psychoeducation within the local community, complementing our longer-term Group and Art Psychotherapy provision.</p> <p>Specifically, the postholder will have responsibility for a minimum of 3, weekly groups. These to include taking over facilitation of our bereavement peer support group, Life After Loss, and initiating and facilitating a minimum of 2 other groups for adults living, working or studying in the wider borough of Merton. These groups may include Peer Support groups, Arts-based groups, Psych-ed Groups, Workshops or short-term, seasonally themed groups, depending on the postholder's training and abilities. The postholder may also be a co-therapist for other Workshops, Peer Support, Psych-ed or Psychotherapy Groups. Talking Therapies offers support to adults aged over 18, however as many of our clients are over 50, enthusiasm for and experience of working with older adults is welcomed. Experience and knowledge of bereavement therapy would be advantageous. Experience of working with refugee or traumatised communities may also be of benefit.</p> <p>Our new Group Therapist will work alongside a supportive therapy team, however the talents and abilities of a self-starter and a degree of creative flexibility will be required to</p>
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attract previously difficult to engage new clients who traditionally have not used our services.

Key Responsibilities	Key Elements/Tasks
Client Responsibilities	<p><i>To assist Wimbledon Guild in providing an excellent service to clients at all times</i></p> <ol style="list-style-type: none"> 1. To facilitate Support Groups and Workshops to a variety of clients and client presentations within Talking Therapies. 2. Complete all relevant clinical administration including letters to GP or mental health services in a timely manner in line with policies and procedures. 3. To undertake a client assessment for Support Groups and be able to make a recommendation regarding engagement within Wimbledon Guild Talking Therapies (including Group psychotherapy or Individual Counselling) and their suitability to be seen by training counsellors/psychotherapists. 4. Inform clients of all relevant policies and procedures. 5. To make a recommendation to refer on to alternative services or liaise with other services, for example to GP for psychiatric assessment and engage in all relevant administration. 6. To liaise with other agencies in the community to gain new referrals where appropriate. 7. To work with other agencies in the community to offer Workshops and Support groups to their clients in partnership.
Department Responsibilities	<p><i>To work closely with others to provide a quality Talking Therapies service.</i></p> <ol style="list-style-type: none"> 1. To provide Support Groups or Workshops of a high quality. 2. To keep the Groupwork Manager informed of all developments. 3. To liaise with partner and associate agencies, promoting collaboration where appropriate. 4. To review, evaluate and keep records as appropriate. 5. To monitor, evaluate and prepare reports on the project through maintaining records and statistics as required. 6. Attend Clinical Supervision (provided by Wimbledon Guild) relevant to the role. 7. Adhere to relevant organisational policies and BACP guidelines. 8. Take part in meetings with Groupwork Manager and other team members as appropriate. 9. To provide support to trainees or volunteers on placement as directed by Groupwork Manager.
Management responsibilities	<p><i>To carry out Wimbledon Guild's policy and provide good and supportive management to and volunteers</i></p> <ol style="list-style-type: none"> 1. There are currently no management responsibilities attached to the post. Potential to provide line management and supervision to trainees on placement or peer support worker.
Financial responsibilities	<p><i>To make a contribution in the overall management of Wimbledon Guild's Budget.</i></p> <ol style="list-style-type: none"> 1. To be mindful of and adhere to Wimbledon Guild's financial policies.
Organisational	<p><i>To ensure that practice meets standards of and is in sympathy with the aims of Wimbledon Guild.</i></p>

responsibilities	<ol style="list-style-type: none"> 1. To ensure equality of access and opportunity apply to Wimbledon Guild's clients whom they may be supporting. 2. To work as part of the team and contribute to the development of the Talking Therapies department and Wimbledon Guild. 3. To work within Wimbledon Guild's Equal Opportunities Policy and make sure that its principles are actively incorporated into the planning, delivery and monitoring of services. 4. To undertake other duties in line with the needs of the service as directed by the Groupwork Manager. 5. To work flexibly and outside normal office hours as dictated by the needs of the service. This post will entail regular evening hours and may entail occasional Saturdays. [Time off in lieu can be claimed]. 6. To attend meetings and training as required, maintaining and improving skill and professional knowledge. 7. To be aware of and to work as part of Wimbledon Guild as a whole.
Risk Management	<p><i>To protect Wimbledon Guild's interest at all times</i></p> <ol style="list-style-type: none"> 1. To work to and uphold the policies and procedures of Wimbledon Guild. 2. To work in compliance with Health and Safety Legislation, the policies on Hygiene, Moving and Handling, Safeguarding, Risk Assessment, Covid Risk Assessments etc, and where appropriate to assist in the development and review of essential policies and procedures. 3. To uphold the confidentiality policy of Wimbledon Guild and balance the need for confidentiality against the safety of the wider community and the clients themselves. 4. To monitor client safety from assessment onwards, being mindful of the risk of suicide or severe mental illness and having systems in place to intervene if the service reaches its limits of competence. 5. To advise the Head of Talking Therapies, or another senior manager, of any concern which may possibly adversely affect Wimbledon Guild.

Person Specification	Group Therapist	
Qualifications, Experience, Skills, Values and Behaviours Required		
	Essential	Desirable
Qualifications and Experience	<ul style="list-style-type: none"> • Completed training of either: <ul style="list-style-type: none"> • Group Psychotherapy or Group Analytic therapy training • Counselling Psychology or Clinical Psychology training • Arts Psychotherapies training (Art Psychotherapy, Dance Movement Psychotherapy, Dramatherapy, Music Therapy) • Registration with BACP, UKCP, BCP, HCPC, or BPS. 	<ul style="list-style-type: none"> • Training in another modality eg Arts Therapies, CBT, MBT, DIT, EMDR, Mindfulness, etc • Clinical Supervision training • Individual Counselling/ Psychotherapy training • Evidence of ongoing CPD particularly in group work/therapy.
Knowledge, skills and experience	<ul style="list-style-type: none"> • Successful clinical experience working with clients with a range of mental health difficulties. • Experience in conducting assessments with a range of clients and presentations. • Experience in facilitating a range of different kinds of groups (workshops, short term, long term, drop in, closed, open ended, psych-ed, etc.). • Experience in working with a variety of clients and varied mental health presentations. • Experience of working with diverse communities such as older adults, BAME, and settings such as the voluntary sector or NHS. • Experience of working with marginalized or hard to reach populations. • To understand issues regarding confidentiality & management of risk within a therapeutic relationship. • Experience of personal therapy. • Have good IT skills, including a working knowledge of all aspects of Microsoft office. • A commitment to self-enquiry and curiosity, with a high degree of self-awareness. • Awareness of and sensitivity to issues of power, diversity and cultural difference. • Be able to work flexibly to meet the needs of the service. • Able to work within and maintain well-defined professional boundaries. • Resilience, reliability, flexibility. 	<ul style="list-style-type: none"> • Experience of working in a multi-disciplinary team. • Experience of working within a psychodynamic framework. • Experience of using the creative arts within therapeutic work. • Experience of working with bereaved clients. • Experience setting up or piloting a new initiative or group for more marginalized clients or groups.

	<ul style="list-style-type: none">• Good communication skills and commitment to work collaboratively with the Groupwork Manager.• Commitment to and interest in the overall development of Wimbledon Guild services.	
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