

## Our Impact 2018 - 19

The story of our successes and our accounts for the financial year





## Wendy Pridmore, CEO

I am very proud to be part of the team at Wimbledon Guild, with its amazing 112 year history of supporting the people of Merton. This document shows all that we have achieved in a year that has proven challenging for many, especially the most vulnerable.

A huge thanks to our dedicated volunteers, trustees, fantastic staff team and all our generous supporters. We could not do this without you.

93% of clients would recommend Talking Therapies

Talking
Therapies

是一个人

292 adults attended our Talking Therapies service which consists of individual counselling, group psychotherapy, emotional support groups and family therapy.

**97%** of the 400 delegates who attended our continuous professional development programme would recommend our training.

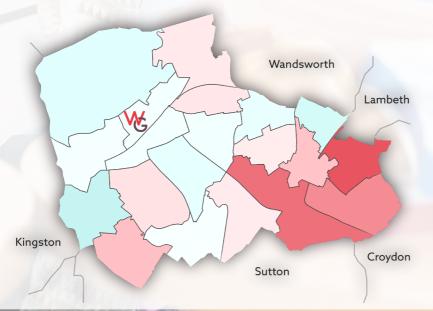
We extended our reach throughout Merton with a 12% increase in people helped from wards in the east.\*\*

45% increase

20% increase

no change

20% decrease



116 people benefited from our Befriending service

20% clients were from a BAME background 443 people were given 1-2-1 wellbeing support

Small Grants
Programme

44% increase in households given grants\*

34% more emergency hardship grants\*

**42%** welfare grant recipients from the four most deprived wards

31% more people accessed Grief Support\*



## Activities for the Over 50s

people attended exercise classes

61% felt more physically active

72% felt they had more contact with others

Clients of our Café told us:

91% felt they had more contact with others

95% consider Wimbledon Guild a caring organisation



## Financial Summary

Total income:

£1,701,097

Total expenditure

£2,170,685



77p of every £1 goes directly towards helping people in Merton.



Kate is in her 30's and has three children. She had experienced trauma, including abuse in her childhood and domestic violence as an adult. Kate received 18 months of counselling to help her with her experiences of trauma, anxiety and depression.

"Thank you for listening to me on my journey and for making me feel safe to explore my thoughts and feelings. Thanks for encouraging me and believing in me when I felt I didn't. I really appreciate everything you have done for me."

Michael, 79, has lived with his wife in Merton for over 42 years. He used to teach modern languages at a local Wimbledon college and a prestigious London university. Michael now suffers from poor sight and hearing difficulties, as well as diabetes.

"I started coming to make friends and get out of the house. Men tend to be more complacent about coming out and taking part in activities, but I really enjoy the company here – especially at Men's Space. It gives me something to look forward to."

Mariam has been coming to Monday morning exercise classes at Wimbledon Guild for over a year, and has seen great improvement in her leg and joint pain.

"I would like to thank everyone at Wimbledon Guild for the fantastic work you all do for the community. In particular I would like to thank the wonderful tutor and volunteers in the exercise classes. I can now skip – I hadn't skipped for years! The team make the classes such fun. Lots of laughter."

Some names have been changed to protect people's privacy



A Company Limited by Guarantee. Registered in England Reg. No. 383330 Registered Charity No. 200424 020 8946 0735 info@wimbledonguild.co.uk wimbledonguild.co.uk



