

What's On

at Wimbledon Guild

**For over
50's living
in Merton**

**Our full range
of classes, clubs
and talks inside...**



October | November | December 2026

Topics, Thoughts and Themes

Wednesdays at Wimbledon
Methodist Church
10.30am – 12pm, £5

Highlights include...

Refreshments
included



The history of Brompton Cemetery (14th October)

Explore Brompton Cemetery's rich history, remarkable Victorian architecture and famous residents, including Emmeline Pankhurst and Dr John Snow.



Merton Ghost Stories (28th October)

From unexplained sightings to local legends, uncover the intriguing stories, mysteries and eerie tales woven into Merton's past.

Wallace Collection: Winston Churchill as a painter (4th November)

Discover Winston Churchill's lifelong passion for painting. Learn how art became a source of escape, inspiration and joy, and uncover the stories behind his remarkable artistic legacy.



My Father's War: A Personal Journey Through World War II (11th November)

Hear from a son about his father's remarkable journey serving in the British Army during WWII. This engaging talk offers a unique insight into his military and personal life, bringing history to life through the experiences of an ordinary soldier living through extraordinary times.



For more information, or to book on to any of our talks or activities, call 020 8946 0735 or email activities@wimbledonguild.co.uk

Culture Through Cuisine

Wimbledon Methodist Church
11am – 12pm, £5



A Beginner's Guide to Romania (7th October)

Inspired by regular visits to her son in Bucharest, Rosemary takes us on a journey through Romania's culture, traditions and cuisine. Drawing on her experiences exploring the country, she'll share a glimpse into Romanian life.



Tasters
included!



Beyond Tacos: Discover the Real Mexico (25th November)

Join Tania for a colourful journey through Mexico's culture, traditions and history, told through its food.

Discover regional flavours, iconic ingredients and the stories behind some of Mexico's most loved dishes, while exploring the role of food in family life, celebrations and customs. Includes a taster of Mexico!

Stay Safe Event

Wimbledon Methodist Church
19th November, 1 - 3.30pm

Following last year's popular event, join local experts from the **Safer Merton Team, Community Police, London Fire Brigade, Barclays** and more for practical advice on staying safe at home, online and when out and about.

Learn about local support services, pick up useful safety tips and get your questions answered.

Booking is recommended, but not essential.

FREE

Refreshments
provided!



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Wellbeing Workshops

Monthly, WG Morden, 1.30 - 3pm, Free

Exploring Loneliness and Isolation (23rd October)

We can all feel lonely or alone at times and this can have an impact on our emotional, mental and physical wellbeing.

This workshop will explore different types of loneliness, the impact that loneliness and isolation can have on our wellbeing and provide strategies to help manage these feelings. We'll also share ways to help connect with others.



Winter Wellbeing (27th November)

This workshop will look at how the colder weather and darker nights can affect how we think, feel and behave. We'll share tips and tools on ways to support our emotional and physical wellbeing at this time.



Wimbledon Guild's
Wellbeing Workshops
are in partnership with:



Health & Wellbeing Fair

30th October, 1 - 4pm, Drake House

Discover practical ways to support your health and wellbeing at our free event. Meet local health experts, have a free health MOT, and pick up advice on keeping a healthy mind, healthy heart and healthy body.

With friendly faces and plenty of useful information, there's something for everyone. Drop in any time, no need to book.
Free refreshments available.



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Christmas Corner



Wreath Making Workshop

**3rd December, Drake House,
2 - 3pm, £16**

Celebrate the festive season at our popular wreath making workshop and create a beautiful wreath to take home!

Christmas Sing-along

**9th December, Wimbledon
Methodist Church, 11am - 12pm, £5**

Get into the Christmas spirit with an afternoon of festive favourites and seasonal cheer.



Terri's Festive Fun

**16th December, Wimbledon Methodist
Church, 10.30am - 12pm, Free**

Enjoy festive fun, games and a complimentary mince pie. Don't forget your Christmas jumper!



Wimbledon Guild will be closed from **24th December** to **1st January**. The HomeFood Café and activities will restart on **11th January**. Some classes may finish earlier, so please call reception on **020 8946 0735** for exact dates.

We hope you have a very happy Christmas and look forward to welcoming you back in the New Year!



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Our Venues

Whilst we're transforming Guild House ready to welcome you back in early 2027, we are running some of our activities from different venues. Please check the timetable before booking.

Wimbledon Methodist Church



Please note: The HomeFood Café is closed on Thursdays. No Wimbledon Guild activities run from the church on Thursdays.

📍 Griffiths Road
London SW19 1SP

Local Transport

- 🚇 **Tube:** South Wimbledon (6 min walk)
- 🚊 **Tram:** Merton Park (14 min walk)
- 🚌 **Bus:** 57, 93, 131, 219
Nearest stops:
The Polka Theatre or
Merton Road

Drake House Hall



📍 44 St George's Rd
London SW19 4ED

Local Transport

- 🚇 **Tube:** Wimbledon (5 min walk)
- 🚊 **Tram:** Wimbledon (5 min walk)
- 🚌 **Bus:** 57, 131, 163, 164, 219, 493
Nearest stop:
Francis Grove

WG Morden



📍 3-4 Crown Parade
Morden SM4 5DA

Local Transport

- 🚇 **Tube:** Morden (2 min walk)
- 🚊 **Tram:** Morden Road (18 min walk)
- 🚌 **Bus:** 45, 80, 93, 154, 157, 163, 164, 201, 293, 413, 470, K5
Nearest stop:
Morden Station

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What's On at Wimbledon Guild

October / November / December 2026

Try something new at our activities for over 50's living in Merton

Time	Activity	Description	Venue	Cost
Monday				
10:00 – 11:00	Active Exercise	Keep moving and feel great with our specially tailored class	Drake House	£7
10:00 – 11:30	Table Tennis	Keep your mind sharp and your reflexes sharper	WG Morden	£3
10:00 - 11:00	Mat-based Yoga	Increase strength and flexibility and boost your mood	Wimbledon Methodist Church	£7
10:00 – 12:00	Knitting	All skill levels welcome — just bring your knitting needles	Wimbledon Methodist Church	Free
11:00 – 12:00	Pilates WAITING LIST	Tone and strengthen with a mix of seated and standing exercises	Morden Baptist Church	£7
11:00 – 12:00	Walking Tennis	All the fun of tennis at a gentler pace of play	Wimbledon Park	£7
11:15 – 12:15	Seated Exercise	Gentle exercise for joint mobility, suppleness and balance	Drake House	£7
12:30 – 13:30	Balance, Fitness and Mobility	Stay fit and flexible with this fun and friendly class	Drake House	£7
13:15 – 14:15	Mindful Moments	Pause, breathe, unwind and focus on the present	Online	Free
13:30 – 14:30	Active Stroke Exercise (Level 2)	Designed as a progression from Level 1, or for people who are more physically active following a stroke	WG Morden	£5
13:30 - 14:45	Conversational Spanish	Practice your español at this informal, self-led group	Wimbledon Methodist Church	Free
14:00 – 15:00	Seated Tai Chi	Tai-Chi based exercises for posture, balance and strength	Drake House	£7
14:00 - 15:00	Standing Tai Chi	Reduce stress, build strength and support mobility	Wimbledon Methodist Church	£7
15:30 - 16:45	Table Tennis	Keep your mind sharp and your reflexes sharper	Drake House	£3
Tuesday				
10:00 – 11:00	Pilates WAITING LIST	Tone and strengthen with a mix of seated and standing exercises	Drake House	£7
10:00 – 11:30	Art Group	Unleash your inner artist at this friendly, creative group	Wimbledon Methodist Church	£5
10:00 – 11:30	Men's Space	Drop by to share stories, interests, news and views	WG Morden	Free ☕
10:00 – 12:00	Tuesdays Teasers	Activities to exercise your mind - from countdown to conundrums and barrels of laughs, no two weeks are the same	Wimbledon Methodist Church	£5 ☕
11:00 – 12:00	Walking Tennis	All the fun of tennis at a gentler pace of play	Canons Leisure Centre	£5
11:30 – 12:30	Pilates WAITING LIST	Tone and strengthen with a mix of seated and standing exercises	Drake House	£7
13:00 – 14:00	Seated Yoga WAITING LIST	Increase strength and flexibility and boost your mood	Drake House	£7
13:30 – 15:00	Stroke Social Club	Share experiences, get support and socialise	WG Morden	Free
14:30 – 15:30	Seated Yoga	Increase strength and flexibility and boost your mood	Drake House	£7
Wednesday				
10:30 – 11:30	Balance, Fitness and Mobility	Stay fit and flexible with this fun and friendly class	Drake House	£7
10:30 – 12:00	Topics, Thoughts and Themes	Inspiring and entertaining talks on different topics	Wimbledon Methodist Church	£5 ☕
10:30 – 12:00	Kurling	An adapted version of curling — accessible for all	Martin Way Methodist Church	£5
12:00 – 13:00	Stroke Exercise Class (Level 1)	Supporting recovery and boosting your mobility, stability and physical fitness	Drake House	£5
13:30 - 14:30	Conversational Italian	Practice your Italian at this informal, self-led group	Wimbledon Methodist Church	Free
14:00 – 15:00	Pilates WAITING LIST	Tone and strengthen with a mix of seated and standing exercises	Drake House	£7
Thursday				
10:00 – 11:00	Tap Dancing	Improve your mental and physical agility	Drake House	£7
12:00 – 13:30	Dancing with Parkinson's	A specially designed dance class for people living with Parkinson's	Drake House - £10 per class, or 6-class pack for £50 ☕	
12:30 – 13:00	Mobile and Tablet Workshop	Confused by technology, even the NHS App? Let our tech whizzes help	Wimbledon Library (booking essential)	Free
Friday				
10:00 – 11:00	Mat-based Yoga	Increase strength and flexibility and boost your mood	Drake House	£7
10:00 – 11:00	Standing Tai Chi	Reduce stress, build strength and support mobility	Morden Baptist Church	£7
10:00 – 11:00	Table Tennis	Keep your mind sharp and your reflexes sharper	WG Morden	£3
10:30 – 12:00	Men's Space	Drop by to share stories, interests, news and views	Wimbledon Methodist Church	Free ☕
NEW 11:30 – 12:30	Standing Tai Chi	Reduce stress, build strength and support mobility	Morden Baptist Church	£7
11:30 – 12:30	Mat-based Pilates	Gentle, mat-based exercises to tone and strengthen	WG Morden	£7
11:30 – 12:30	Pilates WAITING LIST	Tone and strengthen with a mix of seated and standing exercises	Drake House	£7
NEW 13:15 – 14:00	Zumba WAITING LIST	Low-impact dance fitness class to boost energy, improve balance and keepactive.	Drake House	£7
14:15 – 15:00	Mobile and Tablet Workshop	Confused by technology? Let our tech whizzes help	Wimbledon Library (booking essential)	Free

**Drake House**, 44 St George's Rd, London SW19 4ED

**WG Morden**, 3-4 Crown Parade, Morden SM4 5DA

**Wimbledon Methodist Church**, Griffiths Road, London SW19 1SP

 Refreshments included

Please register if attending for the first time.

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