

July / August / September 2019

# What's on at Wimbledon Guild

Activities, talks and trips

Weekly  
timetable  
inside!



**Wimbledon  
Guild**

**A local charity supporting  
people across Merton**

[wimbledonguild.co.uk](http://wimbledonguild.co.uk)

**What's on**

## **An audience with Thelma Ruby**

**Star of stage and screen**

Thelma will share her unique insights into life on and off screen, from the heady days of *Room at the Top* (1959), to her one woman show at the Garrick in 2018.

**23<sup>rd</sup> July**



**10.45 – 12.00**  
**Guild Lounge.**  
**£4 incl. refreshments.**



**Free  
event**

**What's on**

## **We're taking part in Merton Arts Festival!**

**Celebrate our talented arts  
and crafts groups**

We'll proudly be displaying their wealth of talent as part of this year's Merton Arts Festival in September.

The Homefood Café will be open for light refreshments too so you can grab a coffee and cake and even create your own masterpiece on our community doodle table!

**28<sup>th</sup> and 29<sup>th</sup> September**

**11.00 – 17.00**  
**Guild Lounge and HomeFood Café at Guild House.**  
**Just come along, entrance is FREE.**



## What's on

# Food for Thought

Talks to enlighten, entertain and inspire you  
Every Tuesday @ 10.45am • £4 including refreshments.



Guild House,  
SW19 4EF

### July

- 2<sup>nd</sup> July** **Stories brought to life** - with Zulema Dene.  
*Short stories fabulously narrated by the former radio, TV and stage actress.*
- 9<sup>th</sup> July** **Are you having a laugh?** - with Tim Goodwin, stand up comedian.  
*From teaching at Wimbledon School of English to performing at the Edinburgh Fringe, Tim shares what motivated him to take up a life of comedy.*
- 16<sup>th</sup> July** **The past, present and future of Wimbledon Common** - with newly elected Conservator, Sarah-Jane Holden.  
*Hailing from the Australian Outback, Sarah-Jane brings a fresh outlook to our beloved Common.*
- 23<sup>rd</sup> July** **An audience with Thelma Ruby.**  
*The indefatigable star of stage and screen, still working at 94, talks about her career and shares her secrets on how to enjoy life's challenges in this Q & A session.*
- 30<sup>th</sup> July** **John for justice** - with John Tippett Cooper, senior lawyer at Capsticks.  
*John joins us once again to inform and discuss more topical legal issues.*

### August

- 6<sup>th</sup> Aug** **Stories brought to life** - with Zulema Dene.  
*Short stories fabulously narrated by the former radio, TV and stage actress.*
- 13<sup>th</sup> Aug** **I spy the secret agent's house** - with Richard Surman, Curator of Southside House.  
*...you're in for a morning of mystery and intrigue!*
- 20<sup>th</sup> Aug** **Chelsea girl** - with Barbara Kelly.  
*Barbara shares her life of bringing up 3 children whilst living on a houseboat in Chelsea Wharf.*
- 27<sup>th</sup> Aug** **Never, never give up** - with Richard Cohen.  
*Richard, who trained as both a barrister and solicitor, shares his life-long passionate, historical interest in Winston Churchill.*

### September

- 3<sup>rd</sup> Sep** **Stories brought to life** - with Zulema Dene.  
*Short stories fabulously narrated by the former radio, TV and stage actress.*
- 10<sup>th</sup> Sep** **A morning at the opera... but not as you know it** - by Baseless Theatre.  
*An interactive performance based on Die Fleidermaus (Johan Strauss) brought to you by this imaginative and talented company.*
- 17<sup>th</sup> Sep** **Community garden life at Wimbledon Guild** - with Dawn Canham.  
*Celebrating Organic September, Dawn updates us on what's been happening in our very own organic garden.*
- 24<sup>th</sup> Sep** **Get the 'scoop'** - with Mario Bello.  
*Mario tells the amazing story of his parents' journey from a rural village in Italy to becoming one of the pioneers of what we lovingly know today as the Mr Whippy soft ice-cream empire.*

# What's on at Wimbledon Guild

July / August / September 2019

Time	Activity	Description	Venue	Cost
<b>Mondays</b>				
10.00 - 11.00	Active Exercise	Keep moving and feel great with our specially tailored class	Drake House Hall	£4.00
10.00 - 11.30	Knitting Club	All abilities welcome at our friendly club	Guild Lounge	FREE
10.00 - 13.00	Art Group	Bring out the inner artist with our fun, informal creative group	Louie Black House (SW19)	£3.00 Please book
10.30 - 11.30	Get Up and Go	Exercise for over 55's – Keep fit and flexible, helping to avoid falls and support recovery	South Mitcham Community Centre CR4 3PR	£2.50
10.30 - 11.30	Table Tennis	Play your way to a sharp mind and a flexible body	Drake House	£3.00 Please book
11.15 - 12.15	Senior Exercise	Gentle exercise focusing on joint mobility, suppleness and balance	Drake House Hall	£4.00
13.00 - 14.00	Active Stroke Exercise (Level 2)	This class is designed as a progression from Level 1	Drake House Hall	£3.00
14.15 - 15.30	Stroke Club	Share experiences, be supported and socialise at this friendly club	Guild Lounge	FREE
14.30 - 15.30	Tap Dance	Improve your mental and physical agility and muscle strength through this adapted class	Drake House Hall	£5.00
<b>Tuesdays</b>				
9.30 - 11.30	Art Group	Bring out the inner artist with our fun tutored group	Drake House	£4.00
10.15 - 11.15	Pilates	Toning and strengthening your body inside and out	Drake House Hall	£5.00
10.45 - 12.00	Food for Thought	Inspiring and entertaining speakers, presentations and workshops	Guild Lounge	£4.00
11.30 - 12.30	Pilates	Toning and strengthening your body inside and out	Drake House Hall	£5.00
13.00 - 15.00	Bridge Club	All levels welcome at this fun club	Guild Lounge	£3.00
14.00 - 15.00	Yoga	Movement and meditation to increase strength, flexibility and enhance wellbeing	Drake House Hall	£4.00
<b>Wednesdays</b>				
	IT Courses	6 week courses for all levels. Call for more information, booking essential	Drake House	£24.00 course
10.30 - 12.00	All Things Italian	Brush up on your Italian language and culture	Guild Lounge	£3.00
10.45 - 11.45	Mixed Ability Exercise	A fun and friendly class to keep fit and flexible	Drake House Hall	£4.00
12.00 - 13.00	Stroke Exercise (Level 1)	Supporting recovery and increasing your mobility, stability and physical fitness	Drake House Hall	£3.00
12.30 - 13.00	Mobile & Tablet Workshop	Confused by technology? Let us help you, booking essential	Guild Lounge	FREE Please book
<b>Thursdays</b>				
	IT Courses	6 week courses for all levels. Call for more information, booking essential	Drake House	£24.00 course
10.30 - 11.30	Tai Chi	Gentle exercise using natural movements	Drake House Hall	£4.00
10.30 - 12.00	Remember When	Make friends and share experiences, refreshments included	Guild Lounge	£3.00
13.00 - 15.00	Games	Keep your mind active with our fun and informal games	Guild Lounge	£3.00
13.30 - 15.00	Scrabble Club	Keep your memory sharp and make friends at our fun and informal Scrabble Club	HomeFood Café	£2.00
<b>Fridays</b>				
10.15 - 11.45	Cards & Games	One of the best ways to keep sharp is to play games!	HomeFood Café	FREE
10.30 - 11.30	Get Up and Go	Exercise for over 55's – Keep fit and flexible, helping to avoid falls and support recovery	South Mitcham Community Centre CR4 3PR	£2.50
10.30 - 11.30	Yoga	Movement and meditation to increase strength, flexibility and enhance wellbeing. Includes matwork	Drake House Hall	£4.00
10.30 - 12.00	Men's Space	Drop by to share stories, interests, jokes and the news	Guild Lounge	FREE
12.00 - 13.00	Table Tennis	Play your way to a sharp mind and a flexible body	Drake House	£3.00 Please book
13.30 - 15.00	French Fridays	Brush up on your French language and culture	Guild Lounge	£3.00
14.30 - 15.15	Mobile & Tablet Workshop	Confused by technology? Let local students help you, booking essential	HomeFood Café	FREE Please book

Guild Lounge and HomeFood Café, Guild House, 30/32 Worple Road, Wimbledon SW19 4EF

Drake House (behind Guild House) 44 St Georges Road, Wimbledon SW19 4ED

Please note classes may be subject to change, particularly over holiday periods.

Please register if attending Wimbledon Guild for the first time. It's free!

What's on



Trips

Places are limited so please book in advance



## July

### Gunnersbury Park Museum, Ealing

Visit the newly-restored Rothschild family house. And don't miss the historic kitchens with gossip from below stairs! Enjoy a guided walk around the community garden too.

- Wednesday 17th July
- Depart WG 09.20
- Return approx. 16.30
- **£12** incl. transport and guided walk
- Lunch at own expense.



## August

### Wimbledon Lawn Tennis Museum

From Fred Perry to John McEnroe (yes, we are serious!). Join us as we explore the largest tennis museum in the world.

- Wednesday 7th August
- Depart WG 09.20
- Return approx. 15.00
- **£10** incl. tea and guided tour
- Travel by public transport and lunch at own expense.



## September

### RAF Museum, Hendon

Explore the RAF's fascinating history with free time to explore; test your flying skills\* or visit the War Brides exhibition\*.

**NB. This trip involves lots of walking.**

- Thursday 12th September
- Depart WG at 09.15
- Return approx. 16.30
- **£12** incl. transport and talk on arrival • Lunch and extra activities\* at own expense.

**Book Now on: [activities@wimbledonguild.co.uk](mailto:activities@wimbledonguild.co.uk)**  
**or contact Mel or Olivia on: 020 8946 0735**

   **#WimbledonGuild**



Wimbledon Guild, Guild House, 30/32 Worple Road, Wimbledon, London SW19 4EF  
[wimbledonguild.co.uk](http://wimbledonguild.co.uk)

Activity information was correct at the time of going to print. © Wimbledon Guild.  
A Company Limited by Guarantee. Registered in England Reg. No. 383330. Registered Charity No. 200424.